

### PLAY SPACE (ABA PLAY AND SOCIAL SKILLS)

2 – 5 YEARS

Play Space is a small group program (maximum six children) that is run over a two-hour time period. This program has been developed using the Applied Behaviour Analysis (ABA) framework and aims to teach children a variety of play skills using a variety of themes. Children will learn skills required to play with others, such as sharing, turn taking and tolerating others.

#### Suitability

- All types of disability are welcome within this group.

### SOCIAL SKILLS

5 - 12 YEARS

Social Skills is a small group program (maximum six children) that is run over a 1.5 hour time period. The program has been developed using the Applied Behaviour Analysis (ABA) framework and aims to teach children a variety of social skills that are required for making new friends. Children will learn skills that will help them to develop appropriate and positive relationships with children of the same age.

#### Suitability

- All types of disability are welcome within this group.

### SECRET AGENT SOCIETY (SAS)

8 – 12 YEARS

The Secret Agent Society is a small group program (maximum six children) that runs over eight 1.5hr sessions, that helps children from 8 to 12 years old to understand emotions and friendships. All children graduate from the SAS program as Junior Detectives equipped with the skills required to be calmer, braver and happier while making new friends.

The program features an animated 'secret agent' computer game, challenger board game, and many more engaging and modern resources. This program is delivered by ABi consultants who have participated in the compulsory training and are able to deliver the structured curriculum and captivating themes that have made this program so successful all over the world.

For more information please visit: <https://www.sst-institute.net/>

#### Suitability

- High Functioning Autism
- Anxiety Disorders
- Attention Deficit Hyperactivity Disorder (ADHD)
- Anger management difficulties
- Other general challenges with friendships, team work, conversations or staying calm



### ADVENTURE ZONE

13 – 18 YEARS

*Dungeons & Dragons* (or D&D) is a fantasy tabletop role-playing game that requires a maximum of six players to create characters that embark upon adventures within a fantasy setting. All players work together to solve dilemmas, engage in social problems and gather knowledge in a play based framework over the course of one and a half hours. *Dungeons & Dragons* focuses on teaching patience, listening skills, teamwork and communication in a monitored and controlled environment. All 'adventures' and 'settings' are developed to mirror everyday social situations that children encounter on a daily basis and are modified to meet the needs of each child.

#### Suitability

- High Functioning Autism
- Anxiety Disorders
- Attention Deficit Hyperactivity Disorder (ADHD)
- Anger management difficulties
- Other general challenges with friendships, team work, conversations or staying calm

*\*A screening session takes place prior to any group starting to determine appropriate age/group combinations.*

#### ■ HAVEN'T FOUND A GROUP THAT IS SUITABLE FOR YOUR CHILD?

Please contact our Administration team via email or phone to see how our consultants can help you and your child.

**Email:** [info@abinsw.org.au](mailto:info@abinsw.org.au)

**Phone:** (02) 9569 7700

