

About ABi

Assessments & Behaviour Interventions (ABi) is a leading not-for-profit organisation that provides family focused intervention programs that are effective and affordable for young people with a disability and their families.

ABi delivers programs with a strong focus on quality and best practice that are tailored to suit individual family needs and priorities to achieve real outcomes. We empower families with knowledge and strategies to support their child's learning and development across all environments to allow them to reach their full potential.

ABi's Philosophy

ABi is strongly committed to providing supportive and therapeutic services to children with disabilities and their families. Our main focus is to improve the quality of life of the family unit by empowering families with the necessary tools to support their child's learning and development.

ABi's philosophy is guided by our core values of:

- Family Focused – Family's needs and priorities form the basis of every program.
- Evidence based – Continued promotion, research and implementation of best practice.
- Transdisciplinary approach – Collaboration and sharing of knowledge, skills and roles across disciplines.
- Empowering Families – Building and strengthening family self-sufficiency, participation and success.

ABi is devoted to achieving this through the following service delivery procedures:

- Families are placed at the centre of decision making.
- Services are provided to families within their natural settings.
- Strategies and goals are embedded within natural settings and routines.
- Active participation of family members.
- Interagency collaboration and coordination.
- Increasing participation of children with disabilities and their families in mainstream services.
- Cultural Sensitivity & Awareness.

What is Applied Behaviour Analysis?

ABi's programs are founded on the evidence based principles of Applied Behaviour Analysis (ABA). ABA is the process of using behavioural principles to create practical and socially significant change based on well researched principles of behaviour and learning. Using ABA, we recognise and build upon your child's skills to enhance their learning and development whilst identifying and reducing the behaviours that interfere with learning. It is currently the best known method for teaching appropriate behaviours and reducing problematic behaviours for children with Autism Spectrum Disorder (ASD).

ABA is concerned with observing and modifying what happens before and after the behaviour in order to create effective behavioural change. This allows for the development of socially appropriate and functional behaviours and the reduction of problematic behaviours.

ABA principles will give you the tools to determine the functions of your child's behaviour. Understanding the function of behaviour is key to developing appropriate strategies and interventions that will target the specific needs of your child. In other words, it helps you to develop an understanding of why your child is engaging in certain behaviours.

Service Overview

At ABi we pride ourselves on providing flexible and individualised services to meet the unique needs of each child and family we work with.

Key features of ABi Programs and Services:

- Family goals become the priorities of the program.
- Comprehensive assessment of child's behaviour and skills.
- Parent & carer training and education in the principles of Applied Behaviour Analysis (ABA) and Positive Behaviour Support.
- Strategies to develop and support play and social skills, communication, independent living skills, community access and academic skills.
- Implementation of Positive Behaviour Support Plans to reduce behaviours of concern.
- Individualised learning goals.
- Data collection to effectively monitor progress and intervention outcomes.
- Community setting service delivery.
- Regular consultations.
- Goal setting takes place across all relevant environments (home, preschool, school, parks and playgrounds, shopping centres etc.)
- Transdisciplinary team approach (Behaviour Specialists, Occupational Therapists, Speech Pathologists, Child and Family Counsellors and Psychologists).

Services we offer at ABi:

Behaviour Support

This service targets the reduction of challenging behaviours, development of communication skills and social skills across a variety of environments.

Speech Pathology

This service provides assessments and interventions for speech sound disorders and language delays.

Occupational Therapy

This service uses research based and effective interventions to work on areas such as fine and gross motor skills, visual perception, handwriting, concentration, organisation, sequencing, memory and self-care skills.

Psychology

This service offers packaged programs providing support with behaviour difficulties, developing coping skills and cognitive behaviour therapy. We can also provide assessment services.

Program Outline

Program Development

- Initial Assessment
- Family observations
- Ongoing Assessment & Rapport Building
- Development of Program Plan and Behaviour Support Plan

Program Implementation

- Service Provision (ongoing)

Training Phase

- Family/Parent Theory Training (ABA principles, understanding behaviours and skill building strategies)
- Ongoing Practical Training

Future Goal Development

- Exit Interview
- Exit Report

Target Learning Areas

ABi's individualised programming focuses on achieving specific outcomes that aid the overall development of the child. This is achieved by looking at the following key learning areas:



Office and Staff Contact Hours

The ABi office and staff operate between the hours of 9:00 am and 5:00 pm, Monday to Friday. We can be contacted outside these hours via e-mail. If we are unable to answer your call, we will get in contact with you at our earliest convenience. We do not operate over public holidays.

Currently, there are three ABi offices conveniently located within the Sydney Metropolitan Area:

Inner West (Head Office)

3/34 East Street,
FIVE DOCK, NSW, 2046.

Phone: (02) 9569 7700

Fax: (02) 9713 6391

Email: info@abinsw.org.au

South East Sydney Office

Suite 16, 19-21 Central Road,
MIRANDA, NSW, 2228.

Western Sydney Office

14 Hope Street,
SEVEN HILLS, NSW, 2147.

For more information, please contact us on (02) 9596 7700 or info@abinsw.org.au

